

The *Calm* Surrender Retreat

ESSENCE PACKAGE

BASE TIER - \$1800

For those seeking stillness, connection, and emotional release in a supportive group setting.

- Shared accommodations
- All scheduled group activities
- Dark Room Music Therapy sessions (with Herbal Inhale Ceremony)
- Herbal tea and hot water station
- 3 nourishing meals per day
- Daily room energy cleansing (sage + salt bowls)
- Group breathwork and movement sessions
- Daily energy flow movement guidance
- Optional sacred fire ceremonies and cacao lounges
- Emotional support from retreat facilitators
- Free digital copies of our published books to continue your journey at home:

The 12-Week Health Recovery Guide⁺ by Kiuna
Unlock Happiness with 3 Words by Mario

Inner Bloom Package

MID TIER | \$2,200

For guests ready for deeper healing, energetic alignment, and personalized care.

Includes everything in the *Essence Package*, plus:

- Private room
- 2 x 2-on-1 counseling sessions (60 minutes each)
- 1 x private energy balancing session
- Sound healing session with buffalo drum to stimulate movement of stagnant energy
- Crystal gift on arrival
- Exclusive access to online community post-retreat
- Participation in sacred plant medicine ceremony
- Post-retreat integration support call

The *Calm*
Surrender
RETREAT

Sacred Rebirth Package


– Premium Tier – \$2,500

For those seeking full transformation with hands-on care, deep integration, and sacred ritual.

Everything in the Inner Bloom Package, plus:

- Additional 1 x 2-on-1 counseling session (total 3 sessions)
- Customized Wellness Plan based on intake
- Nightly bedside herbal infusions (calming & restorative blends)
- 2 x Horoscope Planetary Alignment Guidance Sessions
- 20% discount on your next chosen retreat

The *Calm*
Surrender
RETREAT



About Plant Medicine

Ayahuasca

Ayahuasca is a sacred plant medicine, legal in Peru, that works uniquely on each individual. Its active ingredient, DMT, leads the user into a higher state of consciousness, often described as reconnecting with one's spirit or true self.

Mushrooms

Historically used as a sacred teacher, mushrooms lead the user into conscious awareness of one's relationship with all things. Its active compound, psilocybin, is a powerful facilitator of emotional and spiritual healing.

Both facilitate healing in ways that seem guided by a higher intelligence—showing us what we need to see in order to heal.



THE *Calm*
SURRENDER
RETREAT